

WELCOME TO OUR TAILORED FOR SPEED SERVICE

Here are some tips to help with taking your measurments:

1. What you should wear...

Wear close fitting garments or underwear. Baselayers and sports bras are good examples.

2. Find a friend..

Having someone to assist you with your measurements will allow for more accurate readings.

3. Tape Measure..

You will need a dress makers tape measure. If you do not have one, you can purchase them from your nearest haberdashery store or on our website. Please do not pull the tape overly tight when taking your measurments.

4. Stand up..

Measurements should be taken whilst standing upright with your feet slightly apart (in line with your hips).

Please make sure you fill in the entire form so we can create your digital avatar, the system requires all of the measurements to do it's magic!

1. HEIGHT

Distance from head to floor/foot.

2. NECK TO WAIST

Distance from the sternum to your waist.

See front view on page 3.

3. CHEST/BUST

Circumference underneath the armpits and at the fullest part of your bust / chest. Breathe normally.

4. UNDER CHEST/BUST

Circumference of the body immediately below the breasts/ pectoral muscles.

5. WAIST

Circumference between the highest part of the hip bones and the lower ribs.

6. MID HIP

Circumference of the trunk measured midway between the waist (5) and buttock (7).

7 RIITTOCK

Circumference around the fullest part of the buttocks, measured at hip height.

8. SHORT INSEAM

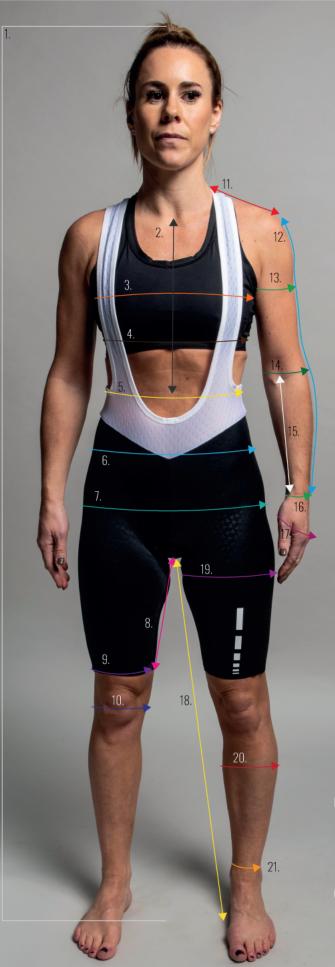
Distance from groin level to where you would like the hem of the shorts to sit.

9. UPPER KNEE

Circumference above the knee, where you would like the short hen to sit

10. KNEE

Circumference of the knee at the top of the tibia/shin bone.



COOPINE TAILORED FOR SPEED

11. SHOULDER LENGTH

Distance from the base of the neck to the shoulder joint with arms hanging.

12. OUTSIDE ARM LENGTH

Distance from the shoulder joint to the wrist bone, measured over the elbow with arms hanging. See side view on page 3

13. UPPER ARM

Circumference of the upper arm measured just below the arm base with hanging arms

14. ELBOW

Circumference of the elbow joint.

15. FOREARM LENGTH

Distance from the wrist (15), along the inside of the forearm to the elbow joint (13). See arm view on page 3.

16. WRIST

Circumference of the wrist measured over the wrist bones. See arm view on page 3.

17. HAND CIRCUMFERENCE

Circumference of the hand at the lower thumb and lower little finger joints.

See arm view on page 3.

18. INSIDE LEG LENGTH

Distance from groin level to the floor with legs slightly apart.

19. THIGH

Circumference the fullest part of the thigh.

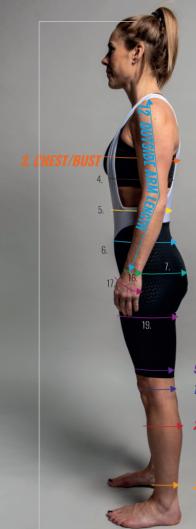
20. CALF

Circumference of the fullest part of the calf.

21. UPPER ANKLE

Circumference directly above the





9. UPPER KNEE 10. KNEE 20 CALF

21. UPPER ANKLE







See side view on page 3.

NAME:	
ADDRESS:	

■ TAILOR	ED FOR SPEED		
1. HEIGHT		13. UPPER ARM	
Distance from head to floor/foot.	CM	Circumference of the upper arm, measured just below the arm base, with hanging arms.	СМ
2. NECK TO WAIST		14. ELBOW	
Distance from the sternum to your waist. See front view on page 3.	CM	Circumference of the elbow joint.	CM
3. CHEST/BUST		15. FOREARM LENGTH	
Circumference underneath the armpits and at the fullest part of your bust / chest. Breathe normally.	CM	Distance from the wrist (15), along the inside of the forearm to the elbow joint (13). See arm view on page 3.	CM
4. UNDER CHEST/BUST		16. WRIST	
Circumference of the body immediately below the breasts/ pectoral muscles.	CM	Circumference of the wrist measured over the wrist bones. See arm view on page 3.	CM
5. WAIST		17. HAND CIRCUMFERENCE	
Circumference between the highest part of the hip bones and the lower ribs.	CM	Circumference of the hand at the lower thumb and lower little finger joints. See arm view on page 3.	СМ
6. MID HIP		18. INSIDE LEG LENGTH	
Circumference of the trunk measured midway between the waist (5) and buttock (7).	CM	Distance from groin level to the floor with legs slightly apart.	CM
7. ВИТГОСК		19. THIGH	
Circumference around the fullest part of the buttocks, measured at hip height.	CM	Circumference the fullest part of the thigh.	СМ
8. SHORT INSEAM		20. CALF	
Distance from groin level to where you would like the hem of the shorts to sit.	CM	Circumference of the fullest part of the calf.	CM
9. UPPER KNEE		21. UPPER ANKLE	
Circumference above the knee, where you would like the short hem to sit.	CM	Circumference directly above the ankle bone.	СМ
10. KNEE		22. BACK WIDTH	
Circumference of the knee at the top of the tibia/shin bone.	CM	Distance from armpit to armpit, measured halfway between the shoulder joint and lower armpit.	CM
11. SHOULDER LENGTH		23. WEIGHT	
Distance from the base of the neck to the shoulder joint with arms hanging.	CM	To the nearest KG.	KG
12. OUTSIDE ARM LENGTH		24. SHOE SIZE	
Distance from the shoulder joint to the wrist bone, measured over the elbow with arms hanging.	CM	EU size.	EU