



WELCOME TO OUR TAILORED FOR SPEED SERVICE

Here are some tips to help with taking your measurements:

1. What you should wear..

Wear close fitting garments or underwear. Baselayers and sports bras are good examples.

2. Find a friend..

Having someone to assist you with your measurements will allow for more accurate readings.

3. Tape Measure..

You will need a dress makers tape measure. If you do not have one, you can purchase them from your nearest haberdashery store or on our website. Please do not pull the tape overly tight when taking your measurements.

4. Stand up..

Measurements should be taken whilst standing upright with your feet slightly apart (in line with your hips).

Please make sure you fill in the entire form so we can create your digital avatar, the system requires all of the measurements to do it's magic!

1. HEIGHT

Distance from head to floor/foot.

2. NECK TO WAIST

Distance from the sternum to your waist.

See front view on page 3.

3. CHEST/BUST

Circumference underneath the armpits and at the fullest part of your bust / chest. Breathe normally.

4. UNDER CHEST/BUST

Circumference of the body immediately below the breasts/pectoral muscles.

5. WAIST

Circumference between the highest part of the hip bones and the lower ribs.

6. MID HIP

Circumference of the trunk measured midway between the waist (5) and buttock (7).

7. BUTTOCK

Circumference around the fullest part of the buttocks, measured at hip height.

8. SHORT INSEAM

Distance from groin level to where you would like the hem of the shorts to sit.

9. UPPER KNEE

Circumference above the knee, where you would like the short hem to sit.

10. KNEE

Circumference of the knee at the top of the tibia/shin bone.

11. SHOULDER LENGTH

Distance from the base of the neck to the shoulder joint with arms hanging.

12. OUTSIDE ARM LENGTH

Distance from the shoulder joint to the wrist bone, measured over the elbow with arms hanging. See side view on page 3.

13. UPPER ARM

Circumference of the upper arm, measured just below the arm base, with hanging arms.

14. ELBOW

Circumference of the elbow joint.

15. FOREARM LENGTH

Distance from the wrist (15), along the inside of the forearm to the elbow joint (13). See arm view on page 3.

16. WRIST

Circumference of the wrist measured over the wrist bones. See arm view on page 3.

17. HAND CIRCUMFERENCE

Circumference of the hand at the lower thumb and lower little finger joints. See arm view on page 3.

18. INSIDE LEG LENGTH

Distance from groin level to the floor with legs slightly apart.

19. THIGH

Circumference the fullest part of the thigh.

20. CALF

Circumference of the fullest part of the calf.

21. UPPER ANKLE

Circumference directly above the ankle bone.



TIP

Ensure the tape goes over bust whilst wearing your sports bra, not between bust



3. CHEST/BUST



16. WRIST

17. HAND CIRCUMFERENCE

15. FOREARM LENGTH



22. BACK WIDTH

4. UPPER CHEST/BUST

5. WAIST

6. MID HIP

7. BUTTOCK

19. THIGH



22. BACK WIDTH

Distance from armpit to armpit, measured halfway between the shoulder joint and lower armpit.

NAME:

ADDRESS:

1. HEIGHT

Distance from head to floor/foot. CM

2. NECK TO WAIST

Distance from the sternum to your waist. CM
See front view on page 3.

3. CHEST/BUST

Circumference underneath the armpits and at the fullest part of your bust / chest. Breathe normally. CM

4. UNDER CHEST/BUST

Circumference of the body immediately below the breasts/ pectoral muscles. CM

5. WAIST

Circumference between the highest part of the hip bones and the lower ribs. CM

6. MID HIP

Circumference of the trunk measured midway between the waist (5) and buttock (7). CM

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Circumference around the fullest part of the buttocks, measured at hip height. CM

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Distance from groin level to where you would like the hem of the shorts to sit. CM

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Circumference above the knee, where you would like the short hem to sit. CM

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Circumference of the knee at the top of the tibia/shin bone. CM

11. SHOULDER LENGTH

Distance from the base of the neck to the shoulder joint with arms hanging. CM

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Circumference of the fullest part of the calf. CM

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Circumference directly above the ankle bone. CM

22. BACK WIDTH

Distance from armpit to armpit, measured halfway between the shoulder joint and lower armpit. CM

23. WEIGHT

To the nearest KG. KG

24. SHOE SIZE

EU size. EU